



COLCHESTER UNITED FC

Football in the Community

AUTUMN NEWSLETTER

KICKS DAY A SUCCESS



Colchester United's first ever Premier League Kicks Festival proved to be a big success.

Teams from across the South East that participate in the Premier League Kicks project converged on Shrub End to participate in a football festival.

Brentford, Charlton, Dagenham & Redbridge, Fulham, Luton Town, MK Dons, Watford and West Ham all showed off their footballing skills in a competitive day's football on the astroturf at the U's community venue.

The teams also got the chance to meet charities Only Cowards Carry and Hope Not Hate during the course of the day, as well as participate in games of FIFA laid on by GAME Colchester.

U's first teamers Denny Johnstone, Sean Murray and Charley Edge were also on hand to answer questions and watch the games.

And, after the football was done, they were able to enjoy an Army assault course laid on by the Parachute Regiment, as team work was rewarded by a quick completion time.

"We were delighted with how the day went and we are grateful to the other teams for coming along, along with our other partners who helped create such a memorable day," U's Community Development Officer Tom Tayler said.

"The Kicks project has been one of our big successes of the past twelve months and it was great to be able to welcome the other teams to Shrub End.

"We hope that this may be the first of many such events and we look forward to introducing more people from Colchester to the Premier League Kicks project."



PREMIER LEAGUE PRIMARY STARS EARLY SUCCESS!

Our Premier League Primary Stars programme kicked off in September, and since then we have supported over 30 unique schools and over 560 participants.

We have delivered sessions all across Essex, focusing on increasing the enthusiasm of male participants with regards to reading books through the power of football, we have also delivered over 20 sessions to support teachers in their development of teaching PE curriculum. Supporting them on building both sporting knowledge as well as their own confidence levels towards delivering PE.

We recently delivered two mass participation festivals to schools from all across Essex, aimed at Year 1-4 students which even involved Eddie the Eagle! If you wish to get involved with our Premier League Primary Stars Programme please contact ben.elmer@colchesterunited.net.



Premier League Primary Stars

SENIOR U'S

Colchester United's Football in the Community project has launched a new scheme for the club's older supporters and senior citizens from across the local area.



The newly launched Senior U's project got underway on Wednesday 8th November, based predominantly at the Shrub End Community Sports Centre.

The group meet twice a month and there will be a range of great trips taking place through the year, along with guest speakers and access to key local support and services.

Membership of Senior U's is just £24 a year!

For more details, please contact Katie Cook on 01206 755160 or by e-mail on katie.cook@colchesterunited.net.

SUCCESS STORIES: LENNOX EMERY

FITC Pathway: Holiday Courses and Development Centre

Current Age Group: Academy U9s

Lennox started our holiday courses at the age of five.

Over his time involved with Colchester United FITC and Oyster FC, Lennox developed his love and appetite to develop his footballing ability. In August 2016 after our Annual Summer Camp he was referred onto our Elite Development Centre Programme which commenced the following month.

Soon after progression was made into our Pre Academy U8s group which trains at Tiptree on two occasions during the week followed by bi-weekly fixtures on Saturday's. Towards the end of the season Lennox signed his first Academy contracts and is currently one of five U9s signed through our FITC projects with further success stories to follow.

We are pleased to say Lennox is continuing to thrive within the Colchester United Academy and will endeavour to have updates during his time at the Football Club.



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