

Teacher PE Support Programme (6 Weeks)

The Teacher PE Support programme offers Primary Teachers the opportunity to teach PE alongside a PE specialist and gain further confidence, knowledge and understanding of how to enhance the quality of their PE delivery to their class. This is not a test or observation, but a 6 week support programme with the coach there to work with you.

Please make some time prior to the start of the programme to speak with your coach and share knowledge about your class and the positives and challenges you find when delivering PE.

Please see below our 6 week programme, which is there as a guideline and is flexible to your needs.

	Teacher	Coach
Kick Off	Meet with coach and fill in starter questionnaire and return to coach	Meet with teacher and hand out Starter pack (Scheme of work & Starter Questionnaire)
Fixture 1	<ol style="list-style-type: none"> 1. Deliver a 15 minutes warm up focusing on fundamental movements – tag Games 2. Work with the coach and share ideas about different warm up games 	<ol style="list-style-type: none"> 1. Work with the teacher and offer feedback on their warm up 2. Deliver a 30 minute PE session with the teacher focusing on showing different warm up games
Fixture 2	Shadow the coach and support children sharing knowledge of low, medium and high achievers	Deliver best practice PE session for 45 minutes with the teacher
Fixture 3	Deliver with the coach and focus on pupil ownership and creativity within the lesson	Deliver a PE session alongside the teacher for 45 minutes focusing on pupil ownership and creativity to all pupils in the lesson
Fixture 4	Deliver with the coach and focus on what ball rolling time and how to include playing principles into lessons and how it is used to support pupils development	Deliver a PE session with the teacher for 45 minutes focusing on ball rolling time and the incorporation of playing principles into lessons
Fixture 5	Deliver with the coach and focus on observation skills, challenge setting and how the coach uses point/Goal systems to make it competitive	Deliver a 45 minute session with the teacher focusing on observation skills, challenge setting and point systems
Fixture 6	Deliver a 45 minute session with the coach	Deliver with the teacher and support the lesson
Full Time	*Fill In Final Questionnaire and provide feedback on the impact of the sessions	Hand out Final Questionnaire and provide both completed questionnaires to RG & SB

**Please take time to provide feedback on the 6 weeks to help us improve and develop the programme further.*